

alcoholthinkagain.com.au



alcohol thinkagain Two out of three parents say no to providing alcohol to their teenagers.

It's not as uncommon as you think. We all want to see our children reach their potential, that's why no one should supply alcohol to under 18's. Visit AlcoholThinkAgain.com.au for some tips on how to start the conversation.

COACHES CALL

It was a hot weekend at Harley-Davidson ballpark in every sense of the word. With temperatures soaring, our boys had to dig deep to ensure our bats stayed as hot as the sweltering sun throughout the entire series. Suffice to say, we put up plenty of runs throughout and were able to grab the series, which was no easy task. With 3 of 4 quality starts on the mound, and some key bullpen innings coming from Schmidty, Rawlo, and Garcia, we were able to stay in the fight in a couple of see-saw battles. The majority of our lineup is starting to heat up and find their stride as well, and the long ball played a key role in our success this weekend. We'd hope to continue that form this coming weekend.

Adelaide is riding quite a wave of success right now. With 2 of their 4 wins coming in 'Walk Off' fashion at West Beach, they just put the wood to Melbourne. They are playing with a lot of energy and confidence right now, and we are going to have our hands full with their young team. They tend to have quality and reliable starting pitching as well, so we need to be fully prepared for this holiday series. They have a nice mix of young Australians coupled with some solid imports to compliment their roster.

It was really nice to see our young fellas get rolling as well last weekend. Bojo rode a couple out of the park and Jes had some better at bats with a couple of key knocks. Our 'First 5' in the lineup also provided some consistency, and Niko has found his way back to strong form and a lot of confidence at the plate. It is not an easy 9 to attack when you're on the other side of the diamond.

With things cooling off for this weekend, we'd hope for some great crowds at HDBP. The Saturday crowd was outstanding this past weekend, and it sure helps our boys when there are faces in the stands. As always, we greatly appreciate all of your support!

Brooke Knight Field Manager



PERTH HEAT 2019/20 PAG

HITTER



Tim Kennelly Outfielder



Jess Williams Infielder



Infielder



Jake Turnbull Catcher/Infielder



Alex Hall Catcher

PLAYER Sponsor



3230≡ SMOKE +GRILL PLAYER

Niko Hulsizer









Sam Kennelly



Ulrich Bojarski



Jordan Qsar Outfielder















PLAYER Sponsor

R.MOORE & SONS

COACHES



Brooke Knight











PHOTOGRAPHY: JAMES WORSFOLD / SMP IMAGES

PITCHER



Audry Lugo Right

Reward Hospitality

PLAYER



Right

H-U-G-H-E-

PLAYER



Jorge Perez Right

PLAYER



Tom Bailey

PLAYER



Nick Veale Right



ADCO PLAYER



Cameron Lamb

PLAYER Sponsor

build





PLAYER Sponsof



strada 🦛

PLAYER Sponsor



Dylan Unsworth







Conor Lourey

PLAYER Sponsor









FROM THE

What a wonderful way to finish our 'home' games this year with a top-of-the-standings series against the Adelaide Giants, a club fast becoming a powerhouse under the ownership of the Adelaide Crows.

I'd like to extend a special welcome to Liam Hendriks and his family. Liam, thank you for your continued support of the Perth Heat and WA baseball. You're a great role model for children and your journey to becoming an All-Star is inspiring. We wish you continued success on and off the field.

We hope all our members and fans enjoy our Christmas round highlighted with some live music performances and our green Christmas jerseys. We are always seeking to improve our game day experience and we welcome your valued feedback.

Finally, I would like to wish everyone a very safe, healthy and Merry Christmas. Enjoy the time with loved ones and we look forward to beginning 2020 with a bang against the Brisbane Bandits.











Now available from







The Alcohol. Think Again Perth Heat will look to consolidate their place as the best team in the ABL heading into Christmas in a tantalising series this weekend with the Adelaide Giants at Perth Harley-Davidson ballpark.

The Heat moved clear in top spot of the Southwest Conference following yet another 3-1 series victory last weekend at home. The win over Geelong Korea improved the Heat to an ABL best 11-15 record after four rounds of the 2019/20 season.

It's now time for the Adelaide Giants to head to Perth for Round 5 in what should be a fascinating pre-Christmas series. The Giants sit just a game behind the Heat in the standings meaning top spot heading into Christmas is on the line.

The Heat put together three impressive showings last weekend at home to Geelong-Korea, winnin on Thursday and Saturday nights, and Sunday either side of Friday with the visitors catching fire late in the game.

Quality pitching was again behind the series win for the Heat with Daniel Schmidt managing to close Game 1 following a late surge by Geelong-Korea. He also over three scoreless innings' in Game 3 on Saturday night to collect his ABL-high 36th win.

Josh Hendrickson was another pitcher to impress producing a standout showing with five no-hit innings in Game 4 on Sunday where he struck out 10 batters.

As the Game 4 starter in the last two series. Hendrickson has recorded a total of 18 strikeouts and given up only

The Heat batters also provided crucial offensive support last weekend as they blasted eight homers and scored 32 runs. Niko Hulsizer had a monster game last Thursday as he got four hits and scored five runs for the Heat, including a big two-run home run.

Robbie Glendinning homered twice in this series. Now he has six home runs under his belt and leads the league with 22 runs batted in. Tim Kennelly, Jordan Qsar and Ulrich Bojarski also had a big series.

Adelaide Giants started the season by sweeping the four-time ABL champion Brisbane Bandits. Last weekend, they took three games from the red-hot Melbourne Aces. They have won 10 games after four rounds despite a difficult schedule.

Explosive offence is the key for the Giants, especially late in the game. They have three walk-off wins so far this season including an eighth-inning grand slam to claim the series finale against Brisbane Bandits. They scored 25 runs in a game against Geelong-Korea to break the franchise record.

For the second week straight, the Heat come up against a dangerous offensive outfit, but home-field advantage is proving a winner so far at the renovated ballpark. The Heat are 6-2 at home with seven runs per game compared to 4.4 runs on the road.

"It's going to be a great series against Adelaide," Heat manager Brooke Knight said.

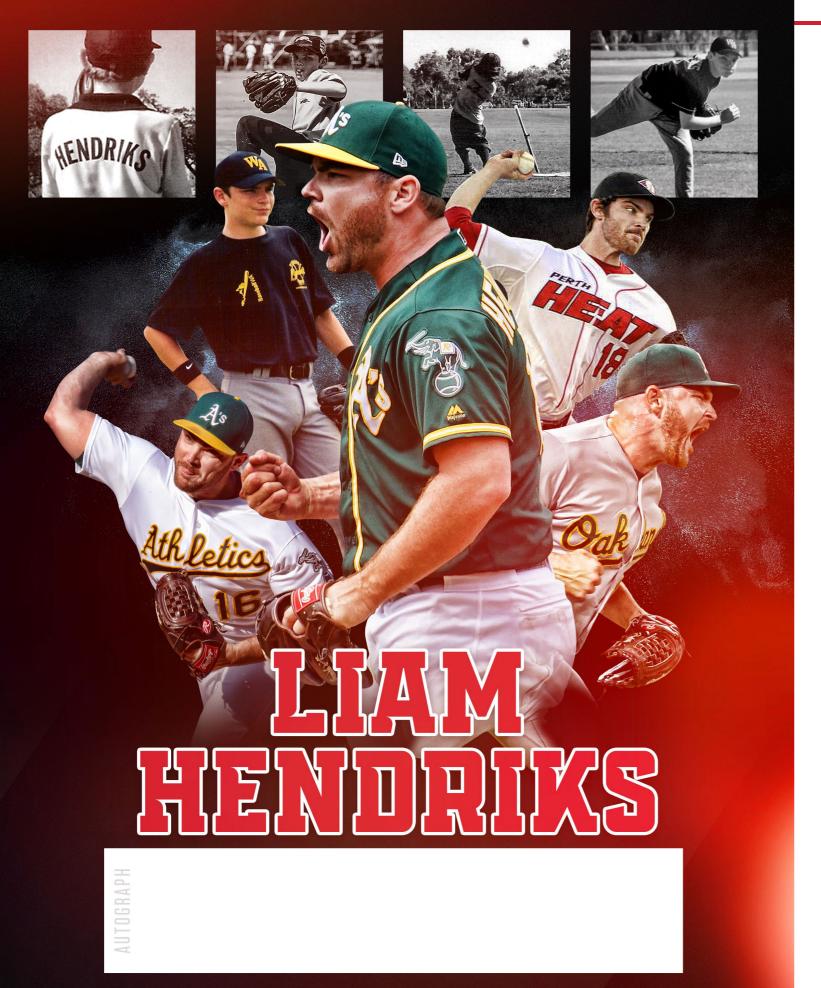
"They've had three walk off wins in their series this weekend and they have some good, talented young players. It will be a great series so come out to the ballpark to watch because it will be competitive.

"We'll have to play clean and our starting pitching has been really reliable for us.

"We have to keep that going and we just have to pitch a little bit better at the middle and end at times, but overall we are doing what we need to do our win, and the bats are starting to come on", Knight added.



PERTH HEAT 2019/20











CHRISTMAS HITS



Rrnnke Kninht

- · The best Christmas present I ever received was a Green Machine (like a big wheel)
- My favorite Christmas movie is National Lampoon's Christmas Vacation.
- · What I want for this Christmas is world peace.





Jordan Osar

- The best Christmas present I ever received was a batting cage when I was 8 years old.
- · My favorite Christmas food is roasted ham.
- · I'd love an Espresso machine this Christmas.





lake Bowev

- · My favorite Christmas movie has to be Elf.
- · My favorite Christmas food is Dad's BBQ breakfast.





Jorge Perez

- The best Christmas present I ever received was Jordan's XI Breds.
- My favorite Christmas movie is The Grinch.
- My favorite Christmas food is family-made Tamales.





Tim Kennel

- · The best Christmas present I ever received was my first double barrel baseball bat.
- My favorite Christmas food is Grandma's chocolate money cake. Even though I'm probably too old to get excited about finding a few dollars.
- What I would I like for Christmas? Some new Oakley sports glasses and a golf voucher.





Sam Kennell

- The best Christmas present I ever received was a blue plastic bike with yellow wheels from Mum & Dad when I was 3-4 years old. I used to rip around corners at the house.
- My favorite Christmas movie is Bad Santa.
- The best and most important present is being around family on Christmas Day.





Dan Schmid

- I've always been a bit of a gamer so the best Christmas present was my Xbox One + games.
- My favorite Christmas movie is Home Alone.
- What I want for this Christmas is a brand new OLED TV.



PERTH HEAT 2019/20 PAGE 7



Q&A JORDAN QSAR

Your best baseball moment:

Getting drafted by the Tampa Bay Rays

Favorite baseball player:

As a kid: Derek Jeter. Growing up I was a shortstop and tried to mimic the way he played **Current: Christian Yelich**

Your playing style:

I've always wanted to be the player that plays the game the right way

Best tip you've received from a coach:

My college coach once said the #1 problem in the world is deflection of blame. That really resonated with me because it covers the importance of accountability. Holding yourself and your peers accountable for their actions instead of finding excuses to blame someone else.

If you weren't playing baseball, what would you be doing:

I have a business degree from Pepperdine University so I'd probably be working for some type of company doing a variety of business-related things.

Who is the most influential person in your life?

My father. He introduced me to the game of baseball and I respect him for never forcing it upon on me

One thing that people don't know about you:

I love salad. It's rare for me to go a day without eating a salad.

If you could have lunch with any three people, living or dead, who would they be:

Adam Sandler, Jennifer Anniston, LeBron James

Where would you travel if you could go anywhere right now?

Italy and enjoy some fine wine.

Funniest teammate:

Jess Williams

Hardest teammate to hit against:

Dylan Unsworth

As a child, who is your favorite athlete:

LaDainian Tomlinson. San Diego Chargers Legend.

Impression of Perth:

Reminds me of home (San Diego, California)

What are your hobbies outside of baseball:

Love going to the snow and snowboarding

Favorite sport other than baseball:

American football. Played it growing up and still enjoy watching it.

MY GAME DAY CONOR LOUREY

Typically the day of a start, starts between 8-9:00am. First order of business: black coffee over ice. Nothing gets done before without it. Then oats with a banana for brekky.

In the morning I'll hang about the house for a little bit. At some point I'll migrate over to the beach for a quick dip. (From here on, I'll take a 1.5 litre water bottle wherever I go to keep hydrated)

On game days I like to conserve my energy, but at the same time I don't want to waste my day on the couch, watching TV or something. So I will still do things I normally do like run errands, grocery shopping, and just getting out of the house. Work-life balance to me, means doing the things that make me happy and stress-free, while staying fit, healthy and alert to perform at my best on the mound. My midday is dedicated to that.

Second meal of the day. Usually something from my favourite sushi place.

Not so much in regular day-to-day life, but I'm pretty high maintenance in the baseball setting. I'll take stock of everything I could possibly need, prepare some more food for later and pack my bags. I make sure I don't leave anything I might need. Prepared for all

For a 7:00pm start. I like to arrive to the field kinda early, so I don't have to rush at all to get ready. While everyone else is out at batting practice, I'll chill out on the floor of the locker room listening to music, eat another light meal and a double espresso.

Getting game ready

I'll get a light massage and my shoulder and arm stretched out.

I like to be fully dressed and ready in the locker room. 6pm

Run, stretch and bands on the field. 6:15pm

6:35pm Long toss.

6:45pm Short bullpen.

7pm National anthem and game time!

Light post-game meal.

Next day

My favourite post-pitching recovery activity is going for a swim in the ocean. It's cold which helps with any soreness/fatigued muscles, theres a bit of resistance work for your arms, and it's really peaceful.







OUR OPPONENTS

ADELAIDE GIANTS

The Adelaide Giants – rebadged from the Bite over the offseason – has been the divisional rival of Perth Heat for a long time. Two teams have met twice in the ABL championship series with the Heat winning both in 2011 and 2015.

Last two seasons saw the Giants unfortunately missing playoffs under manager Chris Adamson, but they have built their roster around young talent over this offseason. 11 new players joined the Giants, including Miami Marlins prospect Dustin Beggs who leads the team now with 20 strikeouts

Aaron Whitefield is the player to watch on the Giants' roster. Whitefield won the league MVP in 2016 with Brisbane Bandits before coming to Adelaide last year. He is the only player other than Tim Kennelly to steal more than 50 bases in ABL. This strong performance earned Whitefield a place on the Australia national team roster to compete in the Premier 12.

The Giants have a difficult schedule to start the season as they need to face Brisbane, Sydney, Melbourne and Perth in the first 5 rounds, But they started the season by sweeping four-time defending champions Brisbane and taking three games from Melbourne Aces. Winning the series will still be their goal when they visit Perth.





Catcher									
6	Mitchell Edwards								
18	18 Logan O'Hoppe								
	Infielder								
3	Mikey Reynolds								
7	Cole Stobbe								
9	Eric Peterson								
10	Mitchell Lightbody								
16	Curtis Mead								
46	Rixon Wingrove								

	Outfielder									
2 Aaron Whitefield										
5	Angus Roeger									
11	Matt Hutchings									
20	Ben Aklinski									
27	Jordan McArdle									
	Pitcher									
4	Dustin Beggs									
12	Tyson McKee									
13	Michael Gahan									

17	Evan Rutckyj
24	Nathan van der Linden
26	Jason Lott
29	Gunnar Kines
32	Ryan Chaffee
37	Greg Mosel
41	Daina Ono
42	Daigo Nushijima
47	David Holmberg
50	Tom Fitzgerald





















































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SCORECARDS

FRIDAY 20 DECEMBER 2019 - 7PM



TEAM	1	2	3	4	5	6	7	8	9	RUNS	HITS	ERRORS
Adelaide												
Perth												

SATURDAY 21 DECEMBER 2019 - 4PM



TEAM	1	2	3	4	5	6	7	8	9	RUNS	HITS	ERRORS
Adelaide												
Perth												

SATURDAY 21 DECEMBER 2019 - 7PM



TEAM	1	2	3	4	5	6	7	8	9	RUNS	HITS	ERRORS
Adelaide												
Perth												

SUNDAY 22 DECEMBER 2019 - 4PM



1	TEAM	1	2	3	4	5	6	7	8	9	RUNS	HITS	ERRORS
	Adelaide												
	Perth												

PERTH HEAT 2019/20 PAGE





NEXT HOME SERIES

FRIDAY NES 7PM SATURDAY

SATURDAY

4PM + 7PM

SUNDAY NET S 4PM





